

The life gives many returns and we never know where we are going to finish, but a few of us know that every place we go we always carry the dobok and will continue practicing what as much it gets passionate to us: Taekwon-do. In this occasion, I have to live this stage of my life in Venice (Italy), of course I put my dobok in the suitcase and after been installed I looked for a place to train.

In this new stage I have been welcomed by Mr. Gilberto Ruzza in the Jungshin Taekwon-do Center, where I continue practicing with an enthusiastic group, after have been affiliated. The proximity of the International Italy Open and the opportunity to know who will participate in the next national training, gave me the chance to went on Saturday the 15th of October to the competition training session for the Veneto area made in Spinea town. To this session 40 competitors of different provinces participated. We worked, in a four hours sessions directed by three local instructors, different Taekwon-do aspects like sparring techniques, individual pattern, team pattern, special techniques and power break. This was a hard and long training day, where all the participants could rescue good things for future competitions.



**Gilberto Ruzza**  
Maestro VI DAN ITF

(Francisco Espeche- Imágenes de archivo - 2 Torneo MADRID FITE OPEN 2.004)

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