

F.I.T.E NATIONAL CONGRESS 2003

The first national F.I.T.E Congress took place in Noia, La Coruña, on December 5,6,7 and 8th 2003. About 50 students of TaeKwon-Do I.T.F in Spain, took part in the event; instructors and colour belts. The Congress was developed in the Sociedad Cultural Liceo of Noia and it was included inside the activities program of its 75 birthday.

This event was organized between FITE and Sociedad Liceo of Noia, and different sponsors as: Leisure company and free time "Bretema", Physiotherapy "Cinesia", the regional Red Cross and ASISA insurance company.

The activities program was in the following way:

Friday December 5th

The first day of the Congress several conferences were carried out on topics of great interest for the instructors professional teaching, such as: prevention and treatment of sport injuries; physical recovery methods; physical education and application possibilities in Taekwondo I.T.F.; nutrition and first aids. The teachers in charge were: Mr Juan Pedro Rodríguez Álvarez (Doctor), Mr Javier Fernandez Neira (Physiotherapist), Mr Gonzalo Souto Barbeito (Physical education) and Red Cross professional members of the town.

To conclude the day, between 21:00hs and 24 hs, black belt test. The official panel were integrated by Master Antonio Troiano (VII Degree), Mr. Carlos Enrique Martin (V Degree) and Mr. Maurizio Troiano (IV Degree).

APPROVED BLACK BELTS

<u>Name</u>	<u>Categorie</u>
- Pablo Castiñeira Oliveira -----	I dan
- Antía López Iglesias-----	II dan
- Juan Pedro Rodríguez Álvarez-----	II dan
- Ricardo Rodríguez Álvarez-----	II dan
- Francisco Speche Arcorace-----	III dan
- Diego Patricio Búa García-----	III dan
- Sergio Maneiro Beiro -----	III dan
- Antonio Blanco García-----	IV dan

Saturday December 6th

- 10:15 hours the FITE President and Mr Ventura from Sociedad Liceo of Noia, welcomed to all the participants and made a small presentation of the Congress and of the Italian Master Antonio Troiano, International Master VII degree and principal Master of this Congress for technical TaeKwon-Do matters. This little event finished with different gifts between FITE President and Mr Ventura.

-10:30 and the 13:30 hours Master Antonio Troiano attended by Carlos E. Martin and Maurizio Troiano performed colour belts patterns with the students, and several teaching methods, who pleasurably surprised to all the students.

-15:30 hs to18:00 hs the General Assembly took place, in the Park Hotel meeting room, where the congress members were housed.

The FITE General Assembly was attended by federation staff and different members of Spanish towns. Master Antonio Troiano was invited to the meeting and he was the honorific president of the sesion.

The following points were treated:

1° - Approval of the FITE budget of last year 2003 and official FITE delegation review; point in which highlighted the clarity in the economic administration of the federation.

2° - Budget for the season 2004. In this point the conclusion was that next season budget will be dedicated to cover the administration expenses and the three outstanding events: II International FITE Open, in Madrid; World Championships in South Korea; and next National Congress.

3° - Activities carried out during 2003, concluding that the carried out activities were successful and that it should be continued in the same line.

4° - 2004 Activities calendar that will be published shortly in the web page.

5° - 2004 ASISA insurance rates.

6° - It has been read and ratified the resolution about the exam normative and it was approved democratically by most of the members.

7° - 2004 Congress. It was pending of approval the place and celebration date.

8° - National team for the World Championships South Korea 2004; selection committee and Coach. It was ratified Carlos E. Martin as national Coach. The national team members will be selected by the most experienced instructors in the

organization, trying to include as minimum a member of each Delegation to guarantee the impartiality that will contemplate the events results during de year.

9° - The official new web site in Spanish and English language.

10° -New official FITE delegations as Andalucia. It was approved, and it was ratified that the form of authorities election of the Official FITE Delegations should be democratic following the national constitution. If the result will be a tie, F.I.T.E will decide in this respect. Also, the F.I.T.E will carry out an annual analysis of the official delegations.

11° -Catalunia delegation presented a very tempting proposal for organize a national tournament during next season. Once revised the many commitments of the F.I.T.E. for the season 2004, and consulted with those responsible for the different Delegations about the answer that could have this event, the assistants had to be underrated the organization of the event but, maybe it will be possible to organize the next International Open 2005 or National Congress 2004.

-18:15hs to 19:15 hs Mr. Carlos E. Martin Requejo, V Degree, carried out a theoretical and practice explanation on procedures and regulation forms for breaking sessions; he advised several teaching methods for a correct execution and without risks of this techniques.

-19:15hs to 20:15 hs Master Troiano showed the pattern execution methods in 3, 2 and 1 step sparring. His different methods offered the audience different ideas to be applied in our system.

- 20:30 hs to 24:00 hs Test for color belts. The official panel were integrated by International Instructors Mr. Carlos Enrique Martin (V Degree) and Mr.Alejandro Veyssiere (IV Degree):

APROVED COLOUR BELTS

<u>Name</u>	<u>Grade</u>
- Sandra Pombo Vázquez-----	1° gup (red-black)
- Paula Castiñeira Olveira -----	2° gup (red)
- Armando González Sánchez -----	2° gup (red)
- Carlos González Ramos-----	3° gup (blue-red)
- Oscar Pérez Vigo -----	4° gup (blue)
- Eloy Cambeiro Canosa-----	4° gup (blue)
- Pablo Aguado Lago-----	4° gup (blue)
- María Del Mar González Sánchez-----	4° gup (blue)
- Diego Díaz Hernández -----	4° gup (blue)
- Fernando Camacho Alfate -----	7° gup (yellow-green)
- Samarah González Rodríguez-----	7° gup (yellow-green)
- Constantín Tudorache -----	9° gup (white-yellow)
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Sunday December 7th

-10:15 hs to 12:45 hs Master Antonio Troiano together with his assistants Mr. Carlos E. Martin and Mr. Maurizio Troiano, performed Black Belts tul, from Kwan Gae until So-San Tul (Pattern executed for VI Degree test). The lowest black belts could observed the execution of a high level patterns by the International Instructors Mr Carlos Martin, Mr Maurizio Troiano and Mr Alejandro Veyssiere with great enthusiasm and dexterity, what infused a great admiration. Once again Mastert Troiano surprised the participants stopping with his naturalness and simplicity in the correction the most minimum details.

-13:00hs to 14:00 hs Master Troiano and Mr. Carlos Martin gave an explanation of the following sparring modalities:
Mobum Matsogui: exercise to show the audience the agility and the performer's capacity and the physical application of each movement. It is usually carried out with repetition of the same movement in slow motion. The opponent's paper in this demonstration is to serve as precise target, on which the performer acts.

Yaksok Zayu Matsogui: it is a simulated sparring. The participants act according to a predetermined libretto that it allows them to exhibit all their ability and dexterity in a great variety of technical without fear neither injure. The preset free combat is visually impressive and useful to present the Taekwon-Do ITF sparring style to the audience.

-16:00hs to 17:30 hs Self defense were practiced. Master Troiano surprised to the audience once again with his effective and practical techniques.

-17:45hs to 19:30 hs Mr. Carlos Martin introduced the students in free sparring. Several techniques and teaching forms related in a very practical way.

-19:30 hs to 20:30 hs Test for national certificates as Entrenador and Monitor.

-21:30 hs took place the friendship dinner in Park Hotel Restaurant, among all the participants in the Congress, in which was clear the humility, the friendship, the respect and the admiration that it unites to the great F.I.T.E family that without a doubt it is the only secret of the success of the organization and let us hope never gets lost because it is the biggest treasure that you can seek in a group like ours that the only thing that should pursue is the plural, democratic and effective promotion of our Martial Art.

When concluding the dinner the President of the Federation gave a small speech of gratefulness to the present people and all those that are fighting for the good daily operation of the F.I.T.E. and he made delivery of the commemorative badges of the season 2003 that relapsed in following people:

- To Master Antonio Troiano in gratefulness for his teachings during the Congress.
- To Mr. Sergio Maneiro Beiro, Liceo of Noia trainer in gratefulness for their excellent collaboration in the organization of the Congress.
- To Mr. Diego Patricio Bua García, recognition to the best F.I.T.E competitor during 2003.
- To the Doctor Juan Pedro Rodríguez Álvarez in gratefulness for their constant collaboration in the F.I.T.E events.

MONDAY DECEMBER 8

-10:00 hs to 13:00 hs F.I.T.E President introduced the students the umpire and referee manuals, giving a general review to the manuals and stopping in the more conflictive points.

-13:15 hs to 14:00 hs Test for Umpires Categories the practical exams Trainers Categories:

CRONO, CORNER AND CENTER REFEREES

<u>NAME</u>	<u>TOWN</u>	<u>Categorie</u>
Pablo Castiñeira Oliveira	Galicia	Juez Crono
Sandra Pombo Vázquez	Galicia	Juez Crono
Oscar Pérez Vigo	Galicia	Juez Crono
José María Polegre	Canarias	Juez Crono
Diego Díaz Hernández	Canarias	Juez Crono
Antonio Santiso Pozo	Madrid	Juez Esquina
Maximiliano Montiel Giammarini	Andalucia	Juez Esquina
Michael Fuchs	Andalucia	Juez Esquina
Aldana Mato Casiro	Andalucia	Juez Esquina
Juan Pedro Rodríguez Álvarez	Canarias	Juez Esquina
Ricardo Rodríguez Álvarez	Canarias	Juez Esquina
Lorena Blanco García	Galicia	Juez Esquina
Tania Iglesias Rodríguez	Galicia	Juez Esquina
Francisco Speche Arcorace	Madrid	Árbitro Central
Diego Patricio Bua García	Canarias	Árbitro Central

MONITORES AND TRAINERS

<u>NAME</u>	<u>TOWN</u>	<u>Categorie</u>
Ricardo Romaní Trillo	Galicia	Monitor
Aldana Mato Casiro	Andalucia	Monitor
Maximiliano Montiel Giammarini	Andalucia	Monitor
Antonio Santiso Pozo	Madrid	Monitor
Ricardo Rodríguez Álvarez	Canarias	Monitor
Juan Pedro Rodríguez Álvarez	Canarias	Monitor
Diego Patricio Búa García	Canarias	Entrenador
Francisco Espeche Arcorace	Madrid	Entrenador
Sergio Maneiro Beiro	Galicia	Entrenador
Mariano Pablo Molina	Catalunia	Entrenador

To conclude the activities of the Congress from 16:00 to 20:00 hours it was carried out a friendship tournament between the participant in the congress;and the umpire practice.

The level in this little event was very high in Tul and Sparring specially between competitors of great prestige nationally and internationally, such as Maurizio Troiano, Diego Búa, Alejandro Veyssiere, Francisco Espeche and the already retired of competition Antonio Blanco.

Once the tournament finished the F.I.T.E President closed the Congress manifesting their satisfaction for the good organization and for the development of the event. He also had some words of gratefulness for the Sociedad Liceo of Noia, the sponsors and Master Troiano.

Master Troiano thanked to the President that offered the Spanish hospitality for the occasion, and he also showed his satisfaction for the development of the event. He thanked and congratulated the participants for the good level demonstrated, encouraging them to continue being sacrificed day by day to improve and not to fall in the monotony.

After the speeches the students and black belts exploded with a great applause that didn't mean another thing more than their approval, satisfaction and admiration for the excellent carried out work as much for the organization as for the collaborators and the responsible ones of imparting the different activities.

After the successful balance of this Congress we should reach the conclusion that the F.I.T.E., continuing with the transparent, democratic, objective line that was marked in their recent birth, thanks to the effort and all their staff dedication and members is achieving successes in all the aspects above the forecasts, for what we all should be proud and satisfied of our work.

To conclude this article the Federation Staff wants to give those thanks to all the members that day by day they are making an effort so that our organization works the best thing possible and to diffuse our style, because without a doubt they are those that truly make us big and strong. Also wants to request to all their members that collaborate insofar as possible so that our Organization continues growing because the F.I.T.E. are all of us and if F.I.T.E grows all we grow.

F.I.T.E
Press Department.