

Master Class of Francisco Espeche in Arroyo de la Miel-Malaga

Last Thursday March 17th, the Maximiliano Montiel's School met Francisco Espeche 3rd Degree and member of the National F.I.T.E Team in Corea 2004.

For 3 days, the kids and adults of Educative TaeKwon-Do Center enjoyed with the high technical and theoretical level of this instructor.

In the first and the second day, trainings emphasized in increasing the theoretical and technical part, with tuls, gibbons and three step sparring (sambo matsogi) exercises. All the students enjoyed with this part. On Saturday, a 3 hours training took part, with students from Maximiliano's school and students from Michael Fuchs (V Degree- Torremolinos). All the participants lived our TaeKwon-Do methodology.

At the end of the class, Francisco Espeche's farewell, encouraging all the TaeKwon-Do students to keep on practising and looking forward to seeing them in the next Galicia Tournament. Must be mentioned the Francisco's help to Maximiliano for the next competitions.



Thanks Fran!!!!

Taekwon

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