

**F.I.T.E NATIONAL CONGRESS 2004 [click here for more photos](#)**

For the second consecutive year the International TaeKwon-Do Federation Spain (F.I.T.E), organized the ITF TaeKwon-Do National Congress, where approximately 50 participants from different Spanish autonomies came together.

The andalusian delegation made all the necessary preparations and the mentioned congress took place in the city of Benalmádena. The organization received the collaboration of Municipal Patronage, the Computer Company Beep, ASISA and other professionals. The four days of the seminar were divided into different courses given by several different professionals.

Once the Congress was opened by the FITE President, Mr Carlos Martín, the first conference was given by Mr Andrés Luengo, bachelor in physical education. His class was centred around the teaching and methodology for the younger students: Mr luengo placed great emphasis on the active participation of the students.



The second conference deal with the most frequent injuries. The physiotherapist of the national team, Abdel Monaim, covered a wide range of sufferings and their treatment. The conferences were very enjoyable and the participants were able to resolve many doubts.



The third and final conference was given by the traumatologist Juan Pedro Rodríguez who divided the conference in two parts. Firstly prevention and treatment of injuries, first aid and secondly a conference on nutrition. Dr Rodríguez, once more gave an interesting presentation with visual backup and many examples that permitted a clear understanding.



In the more specific TaeKwon-Do area the following practices and theory was covered:

Colour Belt Pattern performance and teaching, methodology by the international instructors, Mr Alejandro Veyssiere IV Degree and Mr Carlos Martín V Degree.



Black Belt Pattern Class by Mr Carlos Martín.





Referee Course by the international instructor Mr Fernando Pérez V Degree.



Sparring Class by the international instructors Mr Antonio Blanco IV Degree and Christian Oriolani IV Degree.

During the training sessions many concepts were explained and the participants were able to meet the F.I.T.E instructors.



The personal defence class given by Mr Fernando Perez was highly valued: in the same way the sparring classes by Mr Christian Oriolani and Mr Antonio Blanco were appreciated.

The technical part, directed by Mr Alejandro Veyssiere and Mr Carlos Martin, was especially valued for the advanced instructors who look for the unification of criteria: the black belts participation clearly showed the interest in continuous recycling and progress.

A special session was given for children, where Mr Antonio Blanco demonstrated his human quality and capability with the youngest members. All the participants and their parents were able to enjoy the future champions of our federation. A group photo taking at the end of the session shows the good vibrations.



The afternoon sessions on the 7<sup>th</sup> was a moment to enjoy an exhibition given by the national team and some instructors, there were more than 200 hundred spectators and the local televisions transmitted the exhibition. Towards the end Mr Maximiliano Montiel, local instructor, and Mr Carlos Martin were interviewed and took advantage to thank the sponsors and public supports.



Once the three sessions were concluded there was a general assembly. During the three hours debate many opinions were given and projects and proposals for the next year. An assembly where all could be expressed and value the work that is becoming. The new incorporation of the delegation of Aragón directed by the international instructor Mr Christian Oriolani. The presentation of the Web page was one of the points of main attention, because the web is making publicity of our organization through the department of Fitemarketing.



The Brotherhood Supper was within a superb atmosphere. At the end of this meeting the F.I.T.E awards with following commemorative plaques.

- Best National Delegation: Canary Islands (by the constant work in benefit of our organization)
- Recognition to the Marketing Department: Mr Alfredo De Bonis, person in charge (development and operation of the web page [www.fitespain.com](http://www.fitespain.com))
- Recognition to Mr Maximiliano Montiel main organizer of the National Congress.
- Best Competitor of the season 2004: Mr Christian Oriolani.
- Recognition to the work made in the World Championship hold in Korea: Mr Abdel Monaim Graham (Physiotherapist of the National Team).

During the three days of congress the following commemorative plaques were given:

- To Mr Andrés Luengo, by his constant collaboration with the F.I.T.E.
- To the Patronage of Sports of Benalmádena, in gratefulness by served during the Congress 2004

All the participants leave the Congress of 2004 with good sensations and were invited for the following Congress which will be held in Tenerife in October of 2005.

Our congratulations for all the participants and persons who worked in the Congress.